

May 2 - May 31

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz. W/G Rice Krispies-1 oz. W/G Graham Crackers-3 Milk-8 oz.	3 Fresh Red Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Muffin-2 oz. Milk-8 oz.	4 Fresh Orange-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	5 Fresh Pear-1 W/G Trix Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	6 Granny Smith Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.
9 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Graham Crackers-3 Milk-8 oz.	10 Fresh Pear-1 Whole Grain Honey Bun-1 Milk-8 oz.	11 Fresh Orange-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.	12 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.	13 Fresh Orange-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.
16 Fresh Orange-1 Strawberry Shredded Wheat Cereal-1 oz. Chocolate Bear Grahams-2 Milk-8 oz.	17 Fresh Apple-1 W/G Cinnamon Crumb Cake-3 oz. Milk-8 oz.	18 Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	19 Fresh Pear-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.	20 Granny Smith Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Nutrigrain Bar-1 Milk-8 oz.
23 Fresh Pear-1 W/G Frosted Flakes-1 oz. W/G Graham Crackers-3 Milk-8 oz.	24 Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.	25 Fresh Orange-1 W/G Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	26 No SCHOOL	27 No SCHOOL
30 <b>MEMORIAL DAY</b>	31 Applesauce Cup-1/2 c. 100% Orange/Tangerine Juice-4 oz. W/G Honey Graham Toasters Cereal-1 oz. W/G Graham Crackers-3/Milk-8 oz.			

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MONDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Beef Hot Dog on a Whole Wheat Bun-1 Seasoned Diced Potatoes-3/4 c. Fresh Orange-1 Milk-8 oz.	3 Beef Bologna and Cheese on a Wheat Kaiser Roll-1 Fresh Broccoli W/Dip-3/4c Fresh Banana-1 Milk-8 oz.	4 W/G Chicken Fingers-3 Fresh Celery Sticks- Dinner Roll-1 Fresh Apple-1 Milk-8 oz.	5 Turkey and Cheese on a Potato Roll-1 Fresh Baby Carrots W/ Dip-1c Cherry Craisins-1/2 c. Milk-8 oz.
9 All Beef Hamburger on a Whole Wheat Bun-1 French Fries-3/4 Fresh Orange-1 Milk-8 oz.	10 Chicken Taco's W/Shredded Cheddar Cheese-2oz Brown Rice-3/4c Fresh Banana-1 Milk-8 oz.	11 Meatloaf w/ Ketchup-3 oz. Corn-3/4c Dinner Roll-1 Fresh Apple-1 Milk-8 oz.	12 All Beef Italian Sub on a Whole Wheat Sub Roll-1 ( Beef Bologna Salami Cheese) Fresh Baby Carrots W/Dip-1c Fresh Banana-1 Milk-8 oz.
16 Popcorn Chicken 3.8 oz Tater Tots 3/4c Dinner Roll-1 Pudding Cup-1 Milk-8 oz.	17 Beef Nachos with Cheddar Cheese Sauce-6oz Celery Sticks W/ Dip-3/4c W/G Torilla Scoops-1oz Fresh Banana-1 Milk-8 oz.	18 Breakfast For Lunch French Toast Sticks W/Syrup-3 Turkey Sausage Links-3 Fresh Carrots-W/Dip 3/4c Applesauce Cup-1 Milk-8 oz.	19 Ham and Cheese on a Potato Roll-1 Salad W/ Dressing-1 1/2c Fresh Apple-1 Milk-8 oz.
23 Beef Empanado Fresh Green Beans W/Dip-3/4c Fresh Apple-1 Milk-8 oz.	24 Chicken Tacos W/Shredded Corn-3/4c Dinner Roll-1 Fresh Pear-1 Milk-8 oz.	25 Swedish Meatballs w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Grain Bread Fresh Banana-1 Milk-8 oz.	20 French Bread Pizza-1 Cucumber cup W/Dip 3/4c Jello Cup-1 Milk-8 oz.
30 <b>MEMORIAL DAY</b>	31 Beef Taco's W/Shredded Cheddar Cheese-2oz Rice-3/4c 6" Flour Tortilla-2 Fresh Apple-1 Milk-8oz	26 SCHOOL CLOSED	27 SCHOOL CLOSED



# MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Fresh Fruit Trail Mix	3 Fresh Fruit GO-Gurt Yogurt	4 Fresh Fruit Oatmeal Cookies	5 Fresh Fruit Peanut Butter Crackers	6 Fresh Fruit Animal Crackers	7
8	9 Fresh Fruit Veggie Straws	10 Fresh Fruit Pretzels	11 Fresh Fruit Cheese-It	12 Fresh Fruit Cheese Stick	13 Fresh Fruit Choc Grahams Crackers	14
15	16 Fresh Fruit Goldfish	17 Fresh Fruit Granola Bar	18 Fresh Fruit Graham Crackers	19 Fresh Fruit Trail Mix	20 Fresh Fruit GO-Gurt Yogurt	21
22	23 Fresh Fruit Oatmeal Cookies	24 Fresh Fruit Peanut Butter Crackers	25 Fresh Fruit Animal Crackers	26 SCHOOL CLOSED	27 SCHOOL CLOSED	28
29	30 SCHOOL CLOSED	31 Fresh Fruit Veggie Straws				30